

MICHELE GORLA, MD  
BRIAN McDONALD, MD  
MICHELINE FORD, MD  
AHMED KHAN, MD  
ANTHONY SANTILLI, MD  
JEHANZEB KHAN, MD  
ELIZABETH LEVINE, DNP, ANP  
ROSEMARY FREEMAN, FNP  
VICTORIA EVERY, AGNP



# Schenectady Pulmonary & Critical Care Associates

PRACTICE MANAGER: SABRINA HALSE, RRT, CPFT  
Schenectady Office Coordinator: TRACY FAHY  
Amsterdam Office Coordinator: CARESSA LORIA  
[www.spcca.com](http://www.spcca.com)

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NIRAJ SINHA, MD  
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JELANA GRISSOM, FNP

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SCHENECTADY (MAIN) OFFICE: 124 ROSA ROAD SUITE 382 • SCHENECTADY, NY 12308 • TEL: (518) 386-3691 • FAX: (518) 386-3553  
AMSTERDAM OFFICE & SLEEP DISORDERS CTR: 116 POLAR PLAZA, RT. 30 N • AMSTERDAM, NY 12010 • TEL: (518) 627-0410 • FAX: (518) 386-3553  
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## AUTHORIZATION FOR RELEASE OF HEALTH INFORMATION PURSUANT TO HIPAA

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Patient Acct #: \_\_\_\_\_

Patient Address: \_\_\_\_\_

I, the authorized representative, request that health information regarding my care and treatment be released as set forth on this form.

1. This authorization may include disclosure of information relating to alcohol and drug abuse, mental health treatment, except psychotherapy notes, and confidential HIV related information only if I place my initials on the appropriate line in Item 7(a). In the event the health information described below includes any of these types of information, and I initial the line on the box in Item 7(a), I specifically authorize the release of such information to the person(s) indicated in Item 6.

2. If I am authorizing the release of HIV-related, alcohol or drug treatment, or mental health treatment information, the recipient is prohibited from re-disclosing such information without my authorization unless permitted to do so under federal or state law. I understand that I have the right to request a list of people who may receive or use my HIV-related information without authorization. If I experience discrimination because of the release or disclosure of HIV-related information, I may contact the New York State Division of Human Rights at (212)480-2493 or the New York City Commission of Human Rights at (212)306-7450. These agencies are responsible for protecting my rights.

3. I have the right to revoke this authorization at any time by writing to the health care provider listed below. I understand that I may revoke this authorization except to the extent that action has already been taken based on this authorization.

4. I understand that signing this authorization is voluntary. My treatment, payment, enrollment in a health plan, or eligibility for benefits will not be conditioned upon my authorization of this disclosure.

5. Information disclosed under this authorization might be re-disclosed by the recipient (except as noted above in Item 2), and this re-disclosure may no longer be protected by federal or state law.

6. Name and address of health provider or entity to release this information:

**Schenectady Pulmonary Critical Care Associates** OR \_\_\_\_\_  
**124 Rosa Rd. Ste 382** \_\_\_\_\_  
**Schenectady, NY 12308** \_\_\_\_\_

7. Name and address of person(s) or category of person to whom this information will be sent:

**Schenectady Pulmonary Critical Care Associates** OR \_\_\_\_\_  
**124 Rosa Rd. Ste 382** \_\_\_\_\_  
**Schenectady, NY 12308** \_\_\_\_\_

(a). Specific Information to be released:

- Medical Record from (date) \_\_\_\_\_ to (date) \_\_\_\_\_ OR
- Entire Medical Record, including patient histories, office notes (except psychotherapy notes) test results, radiology studies, films, consults, billing records, and records sent to you by other healthcare providers.
- Other \_\_\_\_\_
- Include: (Indicate by Initialing):  
 \_\_\_\_ Alcohol / Drug Treatment \_\_\_\_ Mental Health Information \_\_\_\_ HIV-Related Information

(b). Authorization to Discuss Health Information

By initialing here \_\_\_\_\_, I authorize

\_\_\_\_\_  
(Name of health care Provider)

to discuss my health information with my attorney, or a government agency, listed here:

\_\_\_\_\_  
(Attorney / Firm Name or Governmental Agency)

8. Authorization is valid for one year, or: \_\_\_\_\_

9. If not the patient, name of person signing form: \_\_\_\_\_ 10. Authority to sign on behalf of the patient: \_\_\_\_\_

All items on this form have been completed and my questions about this form have been answered. In addition, I have been provided a copy of this form.

\_\_\_\_\_  
Signature of patient or representative authorized by law Date: \_\_\_\_\_

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### FINANCIAL POLICY

#### TO OUR PATIENTS:

Thank you for choosing us as your healthcare provider. We are committed to providing you with the best possible medical care. Your clear understanding of our practice financial policy is important to our professional relationship. We make efforts to keep our fees reasonable while at the same time covering the cost of the services we provide. Payment of your bill is considered part of your overall treatment. In order to keep healthcare costs to an absolute minimum, we have adopted the following policies.

#### PAYMENT IS EXPECTED AT THE TIME OF SERVICE:

Payment is required at the time services are provided unless other arrangements have been made in advance. This includes applicable: coinsurance and copayments for participating insurance companies. SCHENECTADY PULMONARY AND CRITICAL CARE ASSOCIATES accepts cash, personal checks (in-state only), VISA, Master Card American Express and Discover. There is a service charge for returned checks.

Patients with an outstanding balance 60 days or more overdue must make arrangements for payment.

We realize that financial difficulty is a reality. In such circumstances, we are willing to work with you to set up reasonable monthly payments to eliminate your balance.

#### INSURANCE:

We bill participating insurance companies. You are expected to pay your deductible and copayments at the time of service. It is imperative that you provide the most recent copy of your insurance card at every visit. If we have incomplete or inaccurate insurance information payment will be delayed, and you are responsible to be sure all charges are paid whether by you or by your insurance carrier.

We will bill secondary insurance companies after receiving payment from the primary carrier.

The clinical summary document given to you at the time of service includes all information necessary for submitting claims to your insurance company or to your FSA account.

If you need assistance or have questions, please contact the Billing Department between 9:30 AM and 4:00 PM, Monday through Friday at 518-386-3691.

REFUNDS:

Patient/guarantor credits will automatically be refunded to the patient/guarantor.

MISSED APPOINTMENTS/LATE CANCELLATIONS:

Broken appointments represent a cost to us, to you and to other patients who have been seen in the time set aside for you. Cancellations are requested 48 hours prior to the appointment. We reserve the right to charge \$50 for any missed or late-canceled appointments. Sleep studies, which require a technician to be reserved for an entire evening, carry a missed appointment charge of \$200. Excessive abuse of scheduled appointments may result in discharge from the practice.

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I have read and understand the SCHENECTADY PULMONARY AND CRITICAL CARE ASSOCIATES Financial Policy. I agree to assign insurance benefits to the SCHENECTADY PULMONARY AND CRITICAL CARE ASSOCIATES practice. I also understand that if it becomes necessary to forward my account to a collection agency, that I might be discharged from the practice.

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Signature of Patient/Authorized Representative: \_\_\_\_\_

Date: \_\_\_\_\_

**SCHENECTADY PULMONARY & CRITICAL CARE ASSOCIATES**  
**Patient Data Sheet**

DATE

In order for us to provide you with safe and effective health care, this form must be completed thoroughly.  
*If you need help completing this form, please ask for assistance!*

NAME

DATE OF BIRTH

PHARMACY NAME, ADDRESS, AND PHONE

PRIMARY MEDICAL DOCTOR

WHY WERE YOU REFERRED TO OUR PRACTICE?

**Race (circle one):** Caucasian African American Asian Native American Other: \_\_\_\_\_ Declined      **Ethnicity (circle one):** Hispanic Non-Hispanic Declined

**Primary Language (circle one):** English French Spanish Other \_\_\_\_\_

LIST YOUR OTHER DOCTORS, AND WHY YOU SEE THEM *Example: Dr. Jane Smith – Heart Disease*

**MEDICAL PROBLEMS (Circle all that apply)**

Anemia Arrhythmia Arthritis (Osteo or Rheumatoid) Asthma Cancer Chronic Pain  
Cirrhosis COPD (Emphysema or Chronic Bronchitis) Coronary Artery Disease  
Cystic Fibrosis Diabetes Diverticulitis Diverticulosis DVT (Blood Clot in Leg or Arm)  
Headache Heart Failure High Cholesterol Hypertension (High Blood Pressure) HIV/AIDS  
Kidney Disease Liver Disease Lupus Osteoporosis Prostate Disease  
Pulmonary Embolism (Blood Clot in Lung) Pulmonary Hypertension Reflux (GERD)  
Sarcoidosis Seizure Sinusitis Sleep Apnea Stroke Thyroid Disease Transplant  
Trauma/Deformity Tuberculosis Ulcerative Colitis or Crohn's Disease

**List Other Problems Below**

\*List other problems on reverse

**MEDICATIONS** *Example: Toprol 50 mg 2x / day.*

Include inhaled meds, oxygen, & over-the-counter meds

\*List Other meds on reverse

**HOSPITALIZATIONS and SURGERIES** (LIST ALL DETAILS, INCLUDING DATES – \*Continue on reverse if necessary)

**PROBLEMS WITH ANESTHESIA?**  YES  NO (Discuss details with the Doctor)

**FAMILY HISTORY** List major medical problems; if a family member has died, list age and cause of death

MOTHER

FATHER

SIBLINGS

CHILDREN

OTHER BLOOD RELATIVES

**WORK HISTORY:** List all jobs and the type of work you performed *Example: GE - Foundry Worker*

**MARITAL STATUS:**  Single  Married  Separated  Divorced  Widowed

**DO YOU SMOKE**, or did you ever smoke regularly?  YES  NO *If yes, discuss in detail with the doctor today! Also, please be prepared to discuss alcohol and drug use and second-hand smoke exposure with the doctor today!*

**PETS** in home:

**RECENT TRAVEL** outside of state

**HAVE YOU BEEN HEAVILY EXPOSED TO or USED:**  Asbestos  Diet Pills  Heavy Metals  Hormone Replacement  Silica?

**YEAR** ('x' = never) of Last Flu Shot \_\_\_\_\_ Pneumonia Vaccine \_\_\_\_\_ Tuberculosis Skin Test \_\_\_\_\_ ( Check if POSITIVE)

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**NOT DONE YET! Please turn over**

**PATIENT NAME:**

**REVIEW OF SYSTEMS**

Rate Your General Health Recently Excellent Good Fair Poor

*For each section, please check each of the problems you have had recently, or have had chronically*

<p><b>GENERAL</b></p> <p><input type="checkbox"/> Fever <input type="checkbox"/> Chills <input type="checkbox"/> Night Sweats <input type="checkbox"/> Fatigue <input type="checkbox"/> Weight Gain <input type="checkbox"/> Weight Loss</p>	<p><b>RESPIRATORY</b></p> <p><input type="checkbox"/> Coughing Up Blood <input type="checkbox"/> Coughing Up Sputum <input type="checkbox"/> Cough When Eating <input type="checkbox"/> Dry Cough <input type="checkbox"/> Pain with Deep Breathing/Cough <input type="checkbox"/> Shortness of Breath on Exertion <input type="checkbox"/> Wheezing</p>	<p><b>MUSCULOSKELETAL</b></p> <p><input type="checkbox"/> Back Pain <input type="checkbox"/> Difficulty Walking <input type="checkbox"/> Joint Injury <input type="checkbox"/> Joint Pain <input type="checkbox"/> Joint Stiffness <input type="checkbox"/> Joint Swelling or Redness <input type="checkbox"/> Muscle Aches <input type="checkbox"/> Muscle Cramps <input type="checkbox"/> Muscle Weakness <input type="checkbox"/> Sciatica</p>	<p><b>ENDOCRINE</b></p> <p><input type="checkbox"/> Change in Hat/Glove Size <input type="checkbox"/> Cold Intolerance <input type="checkbox"/> Dry Skin <input type="checkbox"/> Excessive Thirst <input type="checkbox"/> Excessive Urination <input type="checkbox"/> Goiter <input type="checkbox"/> Heat Intolerance <input type="checkbox"/> Other Endocrine Disease</p>
<p><b>EYES</b></p> <p><input type="checkbox"/> Blindness <input type="checkbox"/> Blurred Vision <input type="checkbox"/> Cataracts <input type="checkbox"/> Double Vision <input type="checkbox"/> Glaucoma <input type="checkbox"/> Other Eye Surgery (e.g., Lasik) <input type="checkbox"/> Wear Corrective Lenses</p>	<p><b>GASTROINTESTINAL</b></p> <p><input type="checkbox"/> Abdominal Pain <input type="checkbox"/> Bloating <input type="checkbox"/> Constipation <input type="checkbox"/> Dark/Black or Bloody Stool <input type="checkbox"/> Diarrhea <input type="checkbox"/> Increase in Abdominal Girth <input type="checkbox"/> Loss of Appetite <input type="checkbox"/> Painful Bowel Movements <input type="checkbox"/> Vomiting or Retching <input type="checkbox"/> Vomiting Blood</p>	<p><b>INTEGUMENTARY</b></p> <p><input type="checkbox"/> Breast Lump <input type="checkbox"/> Breast Pain or Swelling <input type="checkbox"/> Change in Hair <input type="checkbox"/> Change in Nails <input type="checkbox"/> Change in Skin Color <input type="checkbox"/> Eczema Female: Last Mammogram _____ <input type="checkbox"/> Itching <input type="checkbox"/> Rash <input type="checkbox"/> Skin Cancer</p>	<p><b>HEMATOLOGIC</b></p> <p><input type="checkbox"/> Anemia <input type="checkbox"/> Bleeding or Bruising Tendency <input type="checkbox"/> Phlebitis <input type="checkbox"/> Poor Wound Healing <input type="checkbox"/> Swollen Glands <input type="checkbox"/> Transfusion</p>
<p><b>ENMT</b></p> <p><input type="checkbox"/> Bad Taste in Mouth <input type="checkbox"/> Bleeding Gums <input type="checkbox"/> Difficulty Swallowing <input type="checkbox"/> Earaches <input type="checkbox"/> Ear Drainage <input type="checkbox"/> Hearing Loss <input type="checkbox"/> Hoarse Voice/Voice Change <input type="checkbox"/> Mouth Sores <input type="checkbox"/> Nasal Polyps <input type="checkbox"/> Nosebleeds <input type="checkbox"/> Painful Swallowing <input type="checkbox"/> Post Nasal Drip <input type="checkbox"/> Runny Nose <input type="checkbox"/> Swollen Glands in Neck</p>	<p><b>GU: General</b></p> <p><input type="checkbox"/> Blood In Urine <input type="checkbox"/> Burning or Pain with Urination <input type="checkbox"/> Incontinence / Dribbling <input type="checkbox"/> Kidney Stones <input type="checkbox"/> Sexual Difficulty <input type="checkbox"/> Sexually Transmitted Disease</p>	<p><b>NEURO</b></p> <p><input type="checkbox"/> Balance Problems <input type="checkbox"/> Dementia (e.g., Alzheimer's) <input type="checkbox"/> Dizziness <input type="checkbox"/> Headache (Migraine or Other) <input type="checkbox"/> Head Injury <input type="checkbox"/> Numbness <input type="checkbox"/> Paralysis <input type="checkbox"/> Seizure / Epilepsy <input type="checkbox"/> Tingling/Burning (Neuropathy) <input type="checkbox"/> Tremor/Tic</p>	<p><b>ALLERGY</b></p> <p><input type="checkbox"/> Penicillin <input type="checkbox"/> Sulfa <input type="checkbox"/> Other Antibiotics (Specify):</p> <hr/> <p><input type="checkbox"/> Aspirin <input type="checkbox"/> IV Contrast <input type="checkbox"/> Morphine or Demerol <input type="checkbox"/> Tetanus <input type="checkbox"/> Environmental (Specify):</p> <hr/> <p><input type="checkbox"/> Foods (Specify):</p> <hr/> <p><input type="checkbox"/> Other (Specify):</p>
<p><b>CARDIOVASCULAR</b></p> <p><input type="checkbox"/> Angina/Chest Pain <input type="checkbox"/> Ankle/Leg/Hand Swelling <input type="checkbox"/> Calf Pain When Walking <input type="checkbox"/> Cold Extremities <input type="checkbox"/> Heart Murmur <input type="checkbox"/> Lightheadedness <input type="checkbox"/> Palpitations <input type="checkbox"/> Shortness of Breath Lying Flat <input type="checkbox"/> Waking Up Short of Breath</p>	<p><b>GU: Female</b></p> <p><input type="checkbox"/> Hot Flashes <input type="checkbox"/> Irregular Periods Last Pap Smear _____ # of Pregnancies _____ # of Abortions/Miscarriages _____ <input type="checkbox"/> Painful Periods <input type="checkbox"/> Post-Menopausal <input type="checkbox"/> Vaginal Discharge</p>	<p><b>PSYCH</b></p> <p><input type="checkbox"/> Anxiety <input type="checkbox"/> Confusion <input type="checkbox"/> Depression <input type="checkbox"/> Memory Loss <input type="checkbox"/> Severe Stress or Recent Loss <input type="checkbox"/> Suicidal Thoughts / Attempts</p>	<p><b>SLEEP</b></p> <p><input type="checkbox"/> Excessive Daytime Sleepiness <input type="checkbox"/> Morning Headache <input type="checkbox"/> Poor Sleep Quality <input type="checkbox"/> Snoring</p>

\*Use this space to complete information from other side, or for additional medical information

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**Do Not Write Below This Line – DOCTOR'S NOTES**

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## Obstructive Sleep Apnea Screening Assessment

Date \_\_\_\_\_ Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

1. Waking Assessment (Epworth Sleepiness Scale)

a. How likely are you to fall asleep or doze in the circumstances listed below? When rating these situations, give highest consideration to recent events. If you have never experienced one of the situations, estimate how you might have reacted.

0	1	2	3
No Chance	Slight Chance	Moderate Chance	High Chance

**Chance of Dozing**    **Situation**

\_\_\_\_\_ Sitting and reading  
 \_\_\_\_\_ Watching TV  
 \_\_\_\_\_ Sitting inactive in a public place (theater or meeting)  
 \_\_\_\_\_ As a passenger in a car for an hour without a break  
 \_\_\_\_\_ Lying down to rest in the afternoon  
 \_\_\_\_\_ Sitting and talking to someone  
 \_\_\_\_\_ Sitting quietly after lunch, without alcohol  
 \_\_\_\_\_ In a car, stopped for a few minutes in traffic

TOTAL                      Total Score >> Points  
 >>>>>> 0-6 > 0 pts.    7-15 > 5 pts.    16-18 > 10 pts.    18+ > 15 pts.

1a Total \_\_\_\_\_

b. How often do you fall asleep or fight the urge to sleep while driving?

Seldom >> 0 pts.            Sometimes >> 5 pts.  
 Often >> 10 pts.              Must pull off the road >> 15 pts.

1b Total \_\_\_\_\_

Section 1 Total (1a + 1b) = \_\_\_\_\_

2. Sleeping Assessment:

a. Do you snore?

Yes (1 pt.)    No (0 pts.)                      \_\_\_\_\_  
 Quiet snore, slightly louder than breathing (0 pts.)                      \_\_\_\_\_  
 Moderate snore, as loud as talking (4 pts.)                                      \_\_\_\_\_  
 Severe snore, heard through door (10 pts.)                                      \_\_\_\_\_

2a Total \_\_\_\_\_

b. Do you awaken startled, gasping, or choking?  
 Yes (1pt) No (0pts.) \_\_\_\_\_  
 Occasionally (9 pts.) \_\_\_\_\_  
 Nightly (14 pts.) \_\_\_\_\_

2b Total \_\_\_\_\_

Section 2 Total (2a +2b) = \_\_\_\_\_

3. Patient Assessment

a. Patient Assessment – Uncomplicated  
 Sex male (5 pt.) female (3 pts.) \_\_\_\_\_  
 Neck Size \_\_\_\_\_ (>16=15 pts.) \_\_\_\_\_  
 Weight \_\_\_\_\_ Height \_\_\_\_\_  
 Treated hypertension (5 pts.) BP \_\_\_\_/\_\_\_\_ \_\_\_\_\_

3a Total \_\_\_\_\_

b. Patient Assessment – Complicated  
 Nocturnal angina\* (5 pts.) \_\_\_\_\_  
 Cor Pulmonale (5 pts.) \_\_\_\_\_  
 On O2\* (5 pts.) \_\_\_\_\_  
 Morbid obesity\* (100 lb. over ideal body weight (5pts.) \_\_\_\_\_

3b Total \_\_\_\_\_

\* Qualifies for Plan III if yes

Section 3 Total (3a +3b) = \_\_\_\_\_

Total Waking, Sleeping, and Patient Assessment Scores

Add sections 1, 2 and 3 \_\_\_\_\_

Total Qualifying Points (Probable severity of OSA)

0-10	OSA very unlikely	>>>	No intervention required - Consider Sleep Hygiene Tx
11-20	Mild or no OSA	>>>	Plan I: Oximetry Screen
21-50	Moderately severe OSA	>>>	Plan II: Diagnostic Polysomnogram
51+	Severe or complicated OSA	>>>	Plan III: Cardiopulmonary Sleep Study

The physician's subjective judgment with regard to a patient's special circumstances should always be considered in the final selection of the plan to follow rather than relying solely on the numerical rating system which is intended to provide guidelines only for the typical patient. If consideration is given to a diagnosis other than OSA, you may prefer to schedule a consultation with a panel physician at the Sleep Disorders Center.